


## Infant Mortality

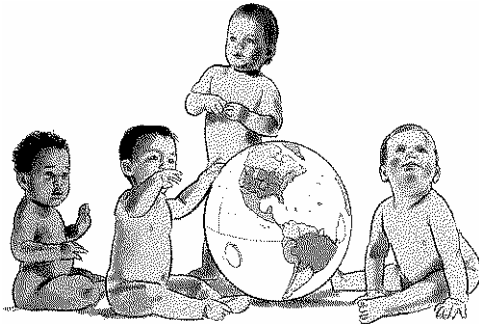
The Fetal and Infant Mortality Review (FIMR) program, the Jackson County Prenatal Task Force (JCPNTF), and the Jackson County Safe Sleep Coalition (JCSSC) work together to reduce infant deaths.



### Jackson County Fetal and Infant Mortality 2008 Annual Report

The 2008 Fetal and Infant Mortality annual report is now available to view or download in its entirety. [Click here](#)  to download a copy of the report. If you have any comments or questions, please call Louise Bernstein, RN, BSN, Jackson County FIMR Coordinator at 768-1631.

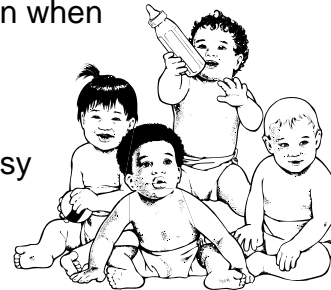
Jackson County has averaged 19 infant deaths per year over the last 10 years. The three leading causes of infant death are pre-maturity/low birth weight, birth defects, and sleep-related asphyxia. Sleep-related asphyxias are the leading cause of death for infants one month through one year of age and are responsible for 18% of all infant deaths. These deaths are believed to be largely preventable by modifying certain risk factors in the baby's sleep environment.



The Fetal and Infant Mortality Review Program (FIMR), the Jackson County Prenatal Task Force (JCPNTF), and the Jackson County Safe Sleep Coalition (JCSSC) are working toward reducing the number of infant deaths related to unsafe sleep practices, including both sleep position and sleep environment. These coalitions support simple steps endorsed by Tomorrow's Child (formerly MiSIDS), the

Michigan Department of Community Health, and the American Academy of Pediatrics that can help reduce the risk of sleep-related deaths. These include:

- Baby sleeps alone in a crib, portable crib, or bassinet.
- Always put baby to sleep on his or her back even when he/she can roll.
- Nothing in the sleep area. No pillows, blankets, comforters, stuffed animals or other soft things.
- Keep baby's face uncovered during sleep for easy breathing. Use a sleeper instead of a blanket.



- Don't allow anyone to smoke anything around baby.
- Don't overheat the baby. Dress the baby in as much or as little clothing as you are wearing.
- Use a firm mattress with a tightly fitted sheet.

Please join us in promoting safe infant sleep practices in our community by following these guidelines and sharing this information with anyone who cares for infants. The JCSSC provides in-services and presentations upon request. If you are a member of a group (provider, parent or grandparent group) and would like more information or a presentation, please contact Louise Bernstein (768-1631) or Aimee Fors (768-2123) at the Jackson County Health Department.



You may also contact [Tomorrow's Child Of Michigan](#) for more information by clicking on their logo or by calling 1-800-331-7437. Please contact the Maternal and Infant Health Programs at the Jackson County Health Department (517)768-1641 or Center for Family Health (517) 784-9356 for more assistance.

The Prenatal Task force has new resources available for understanding common pregnancy facts and feelings for each trimester as well as healthy tips. To download these items, please click on the appropriate title.

[Common Pregnancy Facts and Feelings](#) (1<sup>st</sup> Trimester)

[Common Pregnancy Facts and Feelings](#) (2<sup>nd</sup> Trimester)

[Common Pregnancy Facts and Feelings](#) (3<sup>rd</sup> Trimester)

[All facts sheets](#)

[Prenatal Task Force Brochure](#)