

Helping seniors live more full, active, and independent lives.



2015 Annual Report

**Jackson County
Department on Aging**



Department on Aging Staff April 2015

Note from the Director

2015 Highlights

- 1) The Department on Aging worked with the Friends of Jackson Seniors to hold the first community-wide fund raising campaign for Meals on Wheels, called *Soup's On for Seniors*. We are so pleased that \$12,000 was raised! Friends of Jackson Seniors donated all proceeds to help pay for a Meals on Wheels delivery van.

For *Soup's On* information go to www.MealsOnWheels-JacksonMi.com



- 2) The Department on Aging partnered with disAbility Connections to use Caregiver Unmet Need grant funds to pay supply costs for wheelchair ramps built for homes with an older caregiver or care recipient. Six ramps were built through this collaboration.



- 3) The Department on Aging began providing Food With Friends meals at the Grass Lake Senior Center located at 373 Lakeside Drive. Call 517.522.8466 for information about the senior center.

2015 Outcome Measurements

Home Care Services: 96% of Home Care participants surveyed report they are able to remain living independently as a result of in-home services.

Information and Case Coordination: All participants surveyed indicated they better understand services that are available for older adults.

Meals on Wheels: 97% of participants surveyed attribute meals as assisting with proper nutrition, and 99% reported that Meals on Wheels help them in their ability to live independently.

Senior Sites: 98% of participants surveyed reported that the nutrition and socialization available at senior sites helps them live independently. 93% reported that Congregate meals help with proper nutrition.



Department on Aging staff will continue to use High Performance Organization approaches as we administer resources to provide quality services for older adults in Jackson County. We appreciate the opportunity to serve the community on your behalf.

Marce Wandell
Director

Jackson County Department on Aging is funded and supported by the Jackson County Board of Commissioners and a 0.25 Senior Millage.

Funding also provided by: Title III of the Older American Act Grants from Region 2 Area Agency on Aging, under the auspices of the Aging and Adult Services Agency.

Jackson County Department on Aging Annual Statistics for 2015

January 1, 2015 – December 31, 2015

Senior and Family Support Services 3,425 Clients

Caregiver Information and Assistance 633 Clients

Family members, concerned about a senior, discuss available services and options with a Caregiver Information Specialist.

Caregiver Support Program 193 Clients 899.25 Hours

Support services for family caregivers of a senior, or a senior serving as a family caregiver.

Support programs also include:

Relatives as Parents Peer Support Group:	28 Meetings	3 Caregivers
Caregiver Support Group:	23 Meetings	24 Caregivers
Community Education:	5 Seminars	31 Participants

Medicare & Medicaid Assistance (MMAAP) 1,767 Clients 1,954 Hours 3,137 Forms

Individualized assistance with Medicare and Medicaid concerns, Medicare Part D senior drug coverage, and how to compare supplemental insurance policies. Department on Aging Outreach Workers and MMAAP volunteers helped Jackson County seniors save over \$2,001,618 in health plan costs.

Case Coordination and Support 996 Clients 1,122 Assessments 3,165 Units

Providing an in-home assessment of older adults with multiple needs, developing a plan of care, and arranging for services from community resources.

Chore 135 Clients 732.75 Units

Household safety maintenance, such as installing bathroom grab bars, stair handrails, smoke detectors, and snow removal.

Unmet Needs Assistance 156 Clients

Resource for seniors and caregivers who find themselves with limited options for situations where their health or safety is at risk.

In-Home Services 1,399 Clients

Meals on Wheels 1,138 Clients 260,440 Meals

Hot, nutritious meals delivered weekdays for homebound seniors; evening and weekend meals provided based on need.

Home Care Assistance 439 Clients 17,263 Hours

In-home assistance for persons with functional limitations, including bathing and housekeeping tasks.

◇ *In 2015 the department began phasing-out of providing a service called Community Living Supports, as there are other agencies in the community available to provide this service.*

Respite 137 Clients 8,2026.5 Hours

61 Caregivers & 62 Care Recipients 14 additional client assessments/consultations.

Prearranged breaks for caregivers in need of “time off” to meet some of their own needs. Assistance with bathing and household tasks also provided. Respite services included:

In-Home Respite 3,574.5 Hours

Alzheimer’s Respite

Specialized dementia respite at a location of the client’s choosing, including:

In-Home Respite: 2,858 Hours Out-of-Home Respite (overnight): 1,440 Hours

Assessments: 354 Hours

Geriatric Mental Health 188 Clients

Evaluation, referral and counseling services for seniors experiencing mental health issues.
Home visits provided for homebound seniors.

Mental Health Screens 102 Clients 216.75 Units

Dementia Screens: 18 Clients

Screening for those with suspected memory loss, and follow-up referral service.

Depression Screens: 85 Clients

Free screening and assistance for this common, yet treatable condition.

Counseling

Supportive Counseling: 87 Clients 943.5 Units

Individualized counseling to aide in coping with grief, loss, caregiving ,and other life changing experiences.

Gatekeeper Services: 105 Clients 275.5 Units

Intensive clinical assessment, intervention, and community referrals for at-risk seniors.

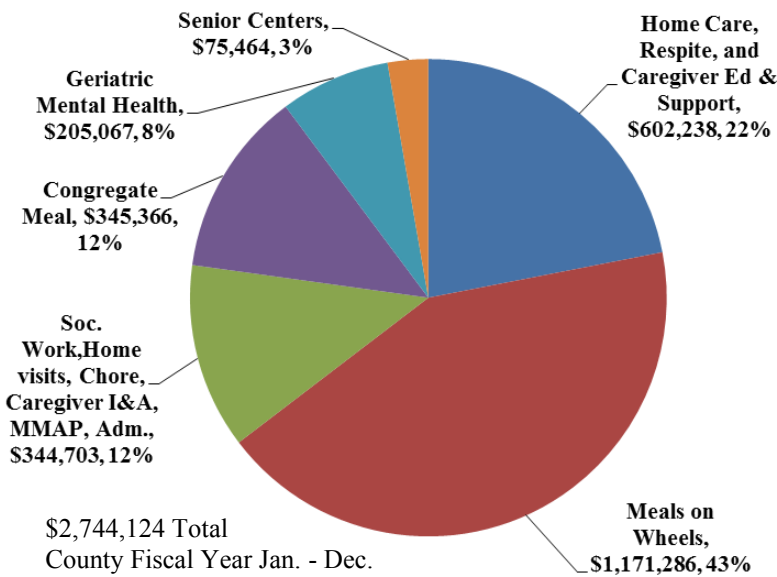
“My counselor was outstanding. She was interested in everything I had to say and helped me through the big bumps. She definitely is an asset to your program. Thank you for being with me.”

Intake and Referral 756 Clients

Helping individuals find appropriate community services that can meet their needs.

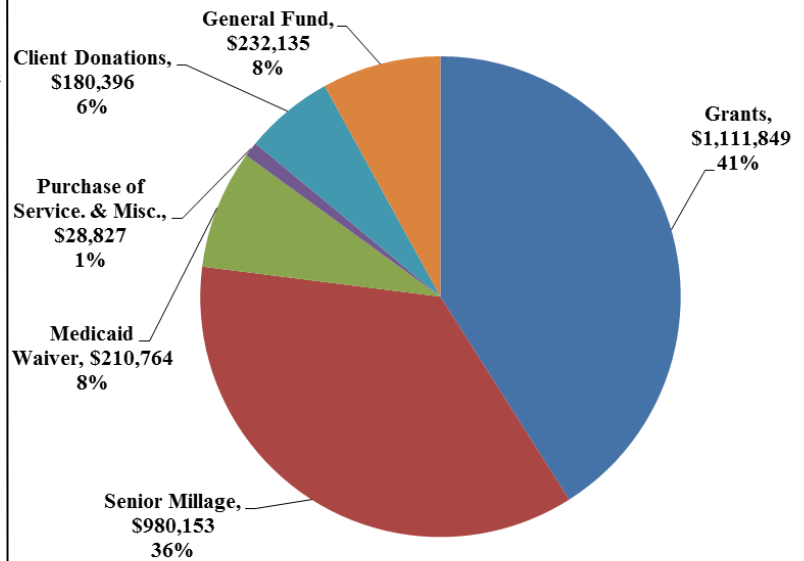
“You guys have been a lifesaver. I have really appreciated you talking and supporting me. You really helped with getting things lined up while I was feeling overwhelmed.”

**Jackson County Department on Aging
2015 Budgets**



2014 County Indirect Services \$556,240

**Jackson County Department on Aging
2015 Revenue Sources**



Senior Activities 2,436 Participants

Senior Centers:

Two senior centers provide multiple services:

- Crouch Senior Center – 1715 Lansing Avenue, Jackson
- Spring Arbor Senior Center – 122 Star Street, Spring Arbor

Senior Center Activities

- Senior Nutrition Meal Site
- Computer Lab
- Enrichment and Craft Classes
- Senior Craft Sales
- Recreational activities, including Euchre, Bridge, BINGO, Quilting Club, Karaoke, Painting Class, Pool, & Woodcarving
- Silver Strings Jam Session
- Volunteer Opportunities
- Volunteer Tax Assistance with Community Action Agency

Special Activities

- Annual Event
- Annual Special Congregate Luncheon Honoring Volunteers
- Evening Dinner Dances: 8 dances
Including Summer Patio Party & Holiday Party
- Genealogical Society Meetings
- Podiatry Clinics
- Senior Project FRESH/Market Fresh
- Senior Safe Sound and Secure
- Red Hat Society Events
- Veteran’s Day Expo
- Wellness Education Seminars

Did You Know
99% of seniors surveyed reported a higher degree of health and life satisfaction as a result of participation in senior center activities.

Nutrition Sites 1,043 Seniors 40,329 Meals

Communal dining program where seniors also receive socialization and education opportunities.

Noon meals served at:

- Crouch Senior Center – 1715 Lansing Avenue, Jackson
Monday thru Friday
- King Recreation Center – 1107 Adrian Street, Jackson
Monday thru Friday
- Michigan Center – St. Aidan’s, 361 Grove Street, Michigan Center
Monday, Wednesday, Friday
- Napoleon Township Hall – 6755 Brooklyn Road, Napoleon
Tuesday, Thursday
- Norvell Township Hall – 106 Commercial Drive, Norvell
Monday, Wednesday, Friday
- Park Forest Apartments – 3300 Spirea Court, Jackson
Monday thru Friday
- Spring Arbor Senior Center – 122 Star Street, Spring Arbor
Monday thru Friday
- Food With Friends Grass Lake– 373 Lakeside Drive, Grass Lake
Tuesday, Thursday

“Very good, great group of people. I have been going to the site for years.”

“I look forward to going.”

“The site is my whole life, keeps me going and the people are wonderful.”

“This program gets people out to enjoy meals and socialize.”

Senior Health Promotion 258 Clients 681 Classes

Exercise classes to promote wellness.

Exercise Classes include:

Ballroom Dancing

Tai Chi

Line Dancing

Strengthening Class

Low Impact Aerobics

Chair Exercise

Yoga



Client Comments

“I just wanted to thank you for your Alzheimer's Presentation. I was able to walk away understanding even more than I did before.”

“I enjoy paint class and have been coming for three years. I don't miss very many classes.”

“I appreciate the services you are providing .”

“ I was blessed with your service. Thank you so very much.”

“Your Meals on Wheels is an excellent service and your staff are above and beyond helping the elderly.”

“Thank you, couldn't have made it through without your help.”

“Thank you so much for all of your help with our Medicare insurance supplement. The whole process would not have gone so smoothly without your help. God bless you!”

“Speaking for the family, we are well pleased with the service and support received thru the respite program. It has allowed our loved one to remain at home, in an environment of familiar setting.”

“Very prompt, thorough, I love the help from the bottom of my heart!”

“I want you to know how much I appreciate those meals. I really feel like I'm doing better because of them.”

“This is wonderful! I learned so much. Thank you all that made this possible.”

2015 Jackson County Board of Commissioners

James E. (Steve) Shotwell, Jr., *Chair*

Julie L. Alexander

David K. Elwell

Rodney Walz

Daniel Mahoney

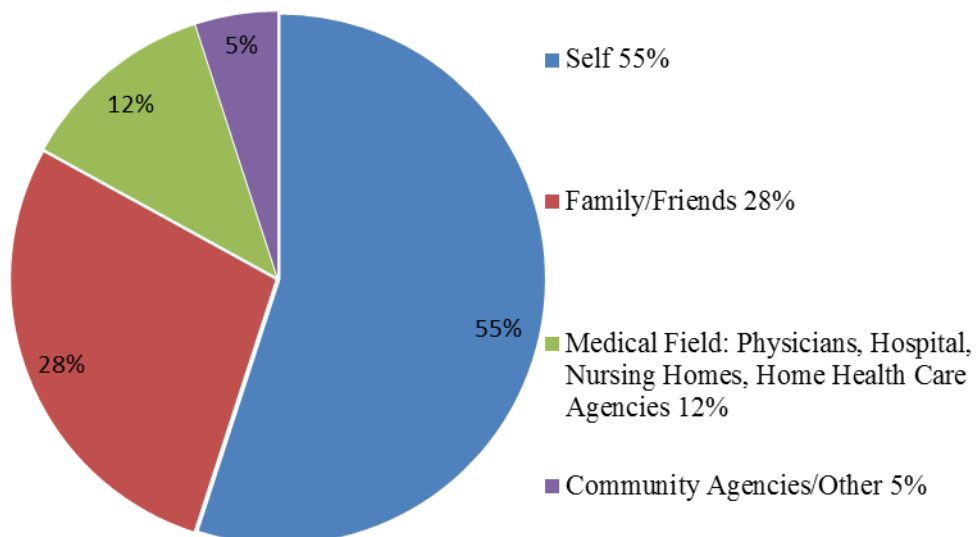
Philip S. Duckham III, *Vice-Chair*

Carl Rice Jr.

Sarah L. Lightner

John Polaczyk

Where our referrals come from:



“I just want to let you know you have been a great service to me and I appreciate your interest in me and my needs. I really want to thank you for all your services which have really helped me in every way .”

Jackson County Department on Aging Program Staff:

Director Marce Wandell
Deputy Director Danielle Pequet

Alzheimer’s Respite and Counseling
Amy Jehnzen, Mental Health Coordinator, & Patricia O’Connell, Counselor

Caregiver Support
Lisa Brand, Caregiver Social Work, & Lisa Rudolph, Caregiver Information Specialist

Chore and Home Services Outreach
Leslie Krantz, Social Worker

Case Coordination and Support Staff
Canena Adams, Outreach Worker
Lora Stacey, Outreach Worker

Home Care Services - Current Clients
Angie Duckham, Home Care Supervisor

Meals on Wheels and Nutrition Site Meals
Lori Carpenter, Nutrition Services Manager

Meals on Wheels and Home Care – New Clients
Jennifer Guthrie, In-Home Services Coordinator

Medicare Medicaid Assistance Program (MMAP)
Amy Minix, Outreach Worker

Nutrition Site and Crouch Senior Center Programs
Brietta Allen, Enrichment Specialist

Art Work re

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